



## Session 2

399 Dad Clark Drive  
 Highlands Ranch, CO 80126  
 (303) 797-8082  
 www.PeakAthleticsPlus.com

Updated 3/25/09

**\*Appropriate attire for these classes: t-shirt that covers the midriff, shorts that cover the seat, and lightweight shoes.**

**NEW! PRE-SCHOOL CHEER—"KITTY CAT CLUB:** Ideal for the littlest cheerleader in your house! Meets on Thursday from 1:00 pm to 1:45 pm Contact the front desk for details.

**CHEER 101**  
*Learn To Cheer!*

Thursday  
 4:15-5:10  
 5:15-6:10

Friday  
 \* 4:15-5:10  
 \*Ages 11 and up or  
 By Invitation only

Sunday  
 2:00 –2:55

**CHEER 201**  
*Perfect Your Skills*

Thursday  
 \* 5:15-6:10

Friday  
 \* 4:15-5:10  
 \*Ages 11 and up  
 \*Invitation only

**CHEER 301**  
*Master Your Skills*

Wednesday  
 \* 5:00-5:55  
 \*Invitation only

Wednesday  
 \* 5:00-5:55  
 \*Ages 11 and up  
 \*Invitation only

**Stunt Rally**  
 11:00 am - 2:00 pm

Sunday  
 TBA  
 (Please check with front desk for sign up sheet)

**\*All Girl & Co-ed**  
**Sign up at front desk**  
 Session 1: For beginners  
 11:00-12:55 PM  
 Session 2: Advanced co-ed stunts  
 1:00-2:30pm

\* Must have "liberty" to participate

**\* Important Notice for Pending Classes \***  
 Pending classes need a minimum of 4 athletes enrolled in-order to become an active class.

**FLIGHT SCHOOL**  
**CO-ED STUNTING**

LEARN TO STUNT WITH FORMER COLLEGE MALE COACHES AND KIMMIE FROM THE DENVER NUGGETS CHEER SQUAD. DO YOU NEED TO GET READY FOR COLLEGE OR IF YOU JUST WANT TO LEARN HOW TO COED PARTNER STUNT? THEN THIS IS THE CLASS FOR YOU!

Wednesday  
 5:15-6:10 pm

**Pre-Flight**  
 (Stunting for ages 11 and under  
*Learn to stunt or improve on your current skills with our former college male coaches. This class is designed to help with body awareness and to teach stunting basics.*

Thursday  
 5:15-6:10 pm

**Space is limited. Sign up today!**

**Tuition per term**

55 min/wk	\$ 171/session
1 hr 25 min/wk	\$ 255/session
1 hr 55 min/wk	\$ 327/session

Tuition is based on 1 payment at the start of the session, or can be divided into 3 equal monthly payments due at the first of each month, charged to a credit card on file.

**HIGH SCHOOL PREP CLASS**

Get the jump on everyone and learn what it will take to make your high school squad. This class is designed to help young athletes who are interested in trying out for either high school OR all-star cheer squads. Students will work on cheer motions, dance, voice clarity and projection, jumps, stunts and tumbling. We will also be holding a "mock" Cheer Tryout and will have tryout requirements available from the area high school teams.

**Monday**    **Tuesday**    **Thursday**  
 5:00 pm                      4:15 pm                      4:15 pm

**55 minute class**

**SIGN UP NOW—LIMITED SPACE AVAILABLE**  
**This class is available to 8th graders and above**

**Annual Registration**

Per Child	\$45.00
Per Family	\$70.00

**12 Week**  
**Term Calendar**

Session 1	Jan 5th to March 29th
Session 2	March 30th to June 21st
Session 3	July 6th to September 27th
Session 4	September 28th to December 20th